

"Praise be to you, my Lord". In the words of this beautiful canticle, Saint Francis of Assisi reminds us that our common home is like a sister with whom we share our life and a beautiful mother who opens her arms to embrace us. "Praise be to you, my Lord, through our Sister, Mother Earth, who sustains and governs us, and who produces various fruit with colored flowers and herbs".

– Pope Francis, Laudato Si



Paraclete Houses around the world are surrounded by peace and harmony in nature, expansive vistas, along with nooks and crannies of unfolding beauty.

The Divine Fruits Part Five **Kindness**

The Fruit of the Spirit is Kindness

Kindness, or benignity, is obligingness in action, urging us to carry out a wish or satisfy a need before a request is made. It is a constant striving to do good on our own initiative.

For Kindness to be true, it must be a thing wholly spontaneous and its very foundation abide in forgetfulness of self. Kindness of its very essence is like divine grace, it bestows on men something which neither self nor nature can give.

Kindness is one of the Spirit's best gifts to the world. It purifies, glorifies and ennobles all that it touches. It puts hope into fainting hearts, sweetens sorrow, and lessens pain. It discovers unsuspected beauties of human character and calls forth a response from all that is best in souls.

Kindness opens the floodgates of children's laughter and gathers the tears of repentant love. It lifts the unfortunate, leads back the wayward, and walks in the steps of our Savior. Kindness is, in fact, nothing less than man's imitation of Divine Providence, for from the Divine Providence and kindness of God flow, as from a fountain, the powers and the blessings of all created kindness.

Divine Kindness By Father Gerald sP

As you minister to the afflicted members of Christ's Mystical Body, let you heart be a kindly brook that goes is way across sun drenched stretch of meadows, through cool shady woods and under dark stone arches of bridges, yet always onward and always singing. The brook cannot analyze the sense of joyfulness its music conveys to men, but you can analyze your happiness, for God is the source of all kindness, and the kindness of your own actions will but deepen the joy of your lives. For God is kind, and kindness reaches down to those who give it and to those who receive it, the compassionate Arms of the Incarnate Son of God.

"The greatest grace that one can have under heaven is to know how to live well with those among whom one dwells"

- Blessed Giles OFM

Kindness can be found in numerous ways in places and people! Today's world yearns for kindness to be shown toward each other, in our families, workplace, neighborhoods and worship sites.

Pope Francis sets the example.....

"Let us learn to live with kindness, to love everyone, even when they do not love us."

"I believe in the kindness of others, and that I must love them without fear."



KINDNESS

Before you know what kindness really is you must lose things, feel the future dissolve in a moment like salt in a weakened broth.

What you held in your hand, what you counted and carefully saved all this must go so you know how desolate the landscape can be between the regions of kindness.

How you ride and ride thinking the bus will never stop, the passengers eating maize and chicken will stare out the window forever.

Before you learn the tender gravity of kindness you must travel where the Indian in a white poncho lies dead by the side of the road.

You must see how this could be you, how he too

was someone who journeyed through the night with plans and the simple breath that kept him alive.

Before you know kindness as the deepest thing inside, you must know sorrow as the other deepest thing. You must wake up with sorrow. You must speak to it till your voice catches the thread of all sorrows and you see the size of the cloth.

Then it is only kindness that makes sense anymore, only kindness that ties your shoes and sends you out into the day to gaze at bread, only kindness that raises its head from the crowd of the world to say It is I you have been looking for, and then goes with you everywhere like a shadow or a friend.

"champion of the literature of encouragement and heart... reading her work enhances life."

– Naomi Shihab Nye



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We appreciate the many mass stipends that we receive. We thank you for supporting that part of our ministry. The Servants of the Paraclete receive mass stipends from our donors and they look forward to celebrating liturgy with those who offer masses for loved ones, friends and family members.

Thank you for supporting our Mass Stipend Ministry!

Name of the person to be remembered in a mass celebrated by a Servant of the Paraclete

□ living □ deceased

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You will receive acknowledgement of the mass stipend donation in your donor thank you letter. No need to send an acknowledgement card to yourself if you are the donor.

Please complete the mass stipend form and return to the Servants of the Paraclete Development Office.

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